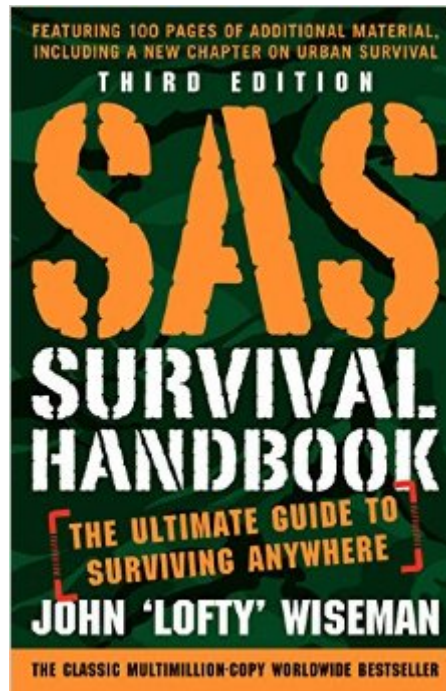


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# SAS Survival Handbook, Third Edition: The Ultimate Guide To Surviving Anywhere



## Synopsis

The ultimate guide to surviving anywhere, now updated with more than 100 pages of additional material. Revised to reflect the latest in survival knowledge and technology, and covering new topics such as urban survival and terrorism, the internationally bestselling SAS Survival Handbook is the definitive resource for all campers, hikers, and outdoor adventurers. From basic campcraft and navigation to fear management and strategies for coping with any type of disaster, this complete course includes:

- Being prepared: Understanding basic survival skills, like reading the weather, and preparation essentials, such as a pocket survival kit.
- Making camp: Finding the best location, constructing the appropriate shelter, organizing camp, staying warm, and creating tools.
- Food: What to eat, what to avoid, where to find it, and how to prepare it.
- First aid: A comprehensive course in emergency/wilderness medicine, including how to maximize survival in any climate or when injured.
- Disaster survival: How to react in the face of natural disasters and hostile situations and how to survive if all services and supplies are cut off.
- Self-defense: Arming yourself with basic hand-to-hand combat techniques.
- Security: Protecting your family and property from intrusion, break-ins, and theft.
- Climate & terrain: Overcoming any location, from the tropics to the poles, from the desert to the mountains and sea.

## Book Information

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in [Books > Reference > Survival & Emergency Preparedness](#)

## Customer Reviews

With a good editor, this could be a good book. But as is, it covers too many topics, from how to deal with computer viruses (keep your software updated, use an anti-virus program) to warnings about scurvy ('always aim for a balanced diet'). There are pages devoted to wood-boring insects. There's

an illustration of a Corgi. Worse, the book is shallow in its investigation of useful options. For emergency winter survival, it's odd to recommend an igloo (slow to make, hard to construct without a snow saw, and tough to complete in poor conditions) but to omit mention of a snow trench (fast, easy, and warm enough to shelter me on many trips), or even a snow-cave, a simple compromise. And the information shared has no filter. A beginner has no way of parsing the laundry-list of knots to prioritize a square knot (essential) over a Killick hitch (easily replaced by more versatile alternatives); there's no mention at all of how to make an improvised harness, despite several sections on emergency climbing and rappelling. In the section on explosions, Wiseman advises ways to safely exit a building before the spread of fire, but then says 'If you are caught in an explosion in a building, then stay there until safe to do so' [sic], without further explanation. Finally, it's unreliable. There are pure factual errors (people cannot survive 12 days without water, even in cool temperatures) and frequent mixing of good and poor advice (crossing a river in a group one behind the other is terrible, exposing each to the full force of the water, while crossing in a line facing downstream, with arms interwoven, is universally recommended). I don't write many reviews, and even fewer poor reviews - why disparage something others enjoyed?

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